Arthur's Seat Handicap Wednesday 9th September 2009 at 1830.

The final handicap of the season is the traditional route on Arthur's Seat. Note the earlier start time of 1830. The Start/Finish is at the Car Park off Duke's Walk with the route going out along the side of St Margaret's Loch, round below St Anthony's Chapel, up the Dry Dam to the summit of **Arthur's Seat** (Checkpoint 1). From there head to the summit of **Crow Hill** (Checkpoint 2) then continue across and down to cross Queen's drive before the short climb the top of Dunsappie Crag (Checkpoint 3). From there back down and briefly along Queen's Drive before following the path below the gorse to the summit of **Whinny Hill** (Checkpoint 4). From there head across the top of the Dry Dam and head over to the top of The Dasses and down the steps to Pipers Walk to the head of Hunter's Bog, then climb to the highest point on Salisbury Crags (Checkpoint 5). From there head back to the Start/Finish area. This area might be both dark and congested so ensure that the finish marshal's know that you have finished.

