

Race Number

Pentland Skyline Hill Race Registration Form 9th October 2016

Category AL, 16 miles, 6200 feet.
Start Time 11am
Entry fee £10

- The following equipment (as a minimum) MUST be carried (checks will be in operation):
 - Waterproof jacket with hood
 - Waterproof overtrousers
 - Hat and gloves
 - Map and compass suitable for navigating the course.
 - Whistle
- You must have navigation skills using map and compass to cope for all weather conditions.
- If you retire you must report back to the finish and return your race wristband.
- Runners taking more than 2 hours 15 mins to reach checkpoint 12 (The Drove Road) are required to retire and accept a lift to the start/finish.
- The course is not marked.

Name (Print)					
Address					
Club					
Your Phone No					
Emergency Ph No					
Gender (Circle)	Male		Female		
Category (Circle)	Senior	40+	50+	60+	70+

I understand that this race is held in accordance with the SHR revised (July 2015) safety code. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in hill running and acknowledge that I am entering and running this race at my own risk. I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or my property arising out of my participation in this race.

Signed

Date