



START/FINISH: Car Park at Meadowbank end. Info Board

Fig. 1: Haggis Knowe summit via steep lochside climb. Head towards faint trod/gap between main path and rocks by Chapel ruins.

Fig. 2: Climb up behind Chapel ruins, continue up until path bends round to the right and towards Whinny Hill.

Fig. 3: Run along narrow singletrack (**Photo 1**) above the Dry Dam crags, look for the path ducking down to the right between the gorse (**Photo 2**) - drop straight in to the bottom of the Dam, and up the other side (**Photo 3**) - keep straight and start descending The Dasses.

Fig. 4: Keep descending until you reach the rocky slabs at the bottom, near the burn. Veer left and head in to the Bog. Looking up to the Crags you'll see a solitary bush on a little knoll above the gorse (**Photo 4**). Pick your best line across Volunteer's Walk and Camstane Quarry.

Fig. 5: After reaching the bush you can continue to climb sticking to the path, or veer left through the long grass, and start descending the Crags towards The Hawse and up along Piper's Walk.

Fig. 6: Look for wooden sleeper-type steps on the right (**Photo 5**), and scramble up the steep gully. Continue up through the gorse, aiming for the main gully on the north side of Arthur's Seat

Fig. 7: Take the main gully (used in Sept handicap) up to the summit of the Seat. Choose your preferred line to the summit of Crow Hill.

Fig. 8: Heading for Duddingston, aim slightly right off the summit to pick up the path heading down to the road, and hop or go round the fence before descending sharply and running a anti-clockwise loop of the open field, then towards the car park. Cut up and join the steps to the top, parting from the wall and contouring round Dunsapie hill.

Fig. 9: Cross the road, and begin climbing, keeping left - you should be able to see the Seat straight in front of you (**Photo 6**). At the top of the climb (little rocky outlook), turn right and choose your own line to Hyman's Knoll. Plenty of lines through the gorse to choose from.

Fig. 10: Atop Hyman's Knoll you're looking straight at Meadowbank, choose your own line to the steps on Queen's Drive (marked x) - careful crossing the road! - and enter the car park from the opposite end you left it, all the way back to the info board.

PHOTO 1: Above Dry Dam



PHOTO 2



PHOTO 3: Down and Up



PHOTO 4: Up to the bush



PHOTO 6: Final Climb

